



# October 2016

## *Family Matters: A Focus on Family*

### ATLANTA PUBLIC LIBRARY

ESSAY CONTEST ALL MONTH FOR 4TH AND 5TH-GRADERS. TELL US ABOUT YOUR BEST FAMILY VACATION AND HAVE YOUR STORY PUBLISHED IN THE LIBRARY NEWSLETTER.

ESSAYS MUST BE SUBMITTED TO THE LIBRARY BY 4:30PM ON OCTOBER 21.

CONTACT THE LIBRARY FOR MORE INFORMATION 217-648-2112

#### Children's/Teen Programs

***Eureka! children's programs are supported by a grant from the Illinois Prairie Community Foundation.***

**October 20, 6:30PM.** Back by popular demand *Eureka! Reading & Art Night* features pumpkin-painting. Children of all ages are welcome. Small pumpkins will be provided to the first 25 registrants. Families are welcome! Families who wish to paint together should bring their own pumpkin. **Registration required.** Call the Library 217-648-2112 by October 18 to sign up.

**October 31, 5-8PM.** *Trick or Treat* at the Library!

#### Adult Programs

**October 3, 6:30PM.** *Blind Date with a Book Party.* Open to all participants in September's *Blind Date with a Book* challenge! Refreshments. Drawing for prizes! FREE

**October 4, 7:00PM.** *Family Matters: Erasing the Stigma of Family Counseling.* What are the indicators that family counseling can help solve a seemingly intractable problem? What are the issues family therapists typically address, and what should you expect from counseling? Where can you find resources in McLean and Logan Counties to help? How can we erase the stigma so often associated with therapy? Join us for a frank and sensitive discussion with Emily Toohill, a specialist with master's degree in family therapy who comes to us from the Memorial Counseling Center. This is a great opportunity to get answers to questions for your own family or for friends and relatives who might be looking for help. FREE

**October 18, 8:30AM.** *This Golden Age: Spiritual Journeys of Aging.* Christian Village chaplain Ryan Edgecomb joins us to discuss some of the challenging decisions of housing and support services in our later years. Hear from Ryan about the dynamics of decision-making and the ways in which life is validated by spiritual support, friendship and a nurturing environment. This promises to be a great conversation for those folks who are facing life transitions and for those who are assisting them. Enjoy coffee and pastries followed by the presentation. FREE

**October 18, 7:00PM.** *When Heroin Hits Home: Finding Solutions to a Growing Problem in Logan County.* Addictions are devastating for individuals, families and communities. Join us for a discussion of the growing use of heroin and other drugs, as well as the efforts being undertaken to address the issue. Toni Reifsteck from St. John United Church of Christ in Lincoln, who coordinates a project that supplies NARCAN kits for emergency responders in the County, will be with us, along with law enforcement and other officials. ***Sponsored by the Atlanta United Methodist Church***